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<b>Option 1</b>	Macaroni cheese served with garlic bread, seasonal vegetables and baked beans  	Tandoori chicken thigh served with pilau rice, naan bread, seasonal vegetables and baked beans  	Beef burger in a high fiber bun with salad served with criss cut potatoes seasonal vegetables and baked beans  	Thyme and rosemary roast chicken served with roast potato Yorkshire pudding seasonal vegetables and baked beans  	Battered Pollock, chips, seasonal vegetables and baked beans Gr.23.11  
<b>Option 2</b> <b>Vegetarian</b>	Vegan meatball in tomato sauce with whole meal pasta, seasonal vegetables and baked beans Gr.80.55  	Quorn chilli served with pilau rice, naan bread, seasonal vegetables and baked beans  	Vegan burger in a high fiber bun with salad served with criss cut potatoes seasonal vegetables and baked beans  	Vegetarian sausages served with roast potato Yorkshire pudding and seasonal vegetables and baked beans  	Spinach and red pepper Frittata, chips, seasonal vegetables and baked beans  
<b>Option 3</b>	Baked Potato served with baked beans and cheese or tuna and mayonnaise, garlic bread and steamed vegetables  	Gluten free bubble salmon fillet served with pilau rice, seasonal vegetables and baked beans  	Chicken Jambalaya served with criss cut potatoes seasonal vegetables and baked beans  	Whole meal sandwich with egg and mayonnaise served with roast potato Yorkshire pudding seasonal vegetables  	Hunters chicken baked potato chips, seasonal vegetables and baked beans  
<b>Unlimited</b>	Home made bread Gr 12.5, Salad selection, Fruit selection.	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection
<b>Extras</b>	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr.8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 

Wednesday & Friday chef dessert

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Quorn lasagna served with garlic bread, seasonal vegetables and baked beans  	Chilli beef and mozzarella topped pizza served with Potato wedges seasonal vegetables and baked beans  	Roast chicken served with roast potatoes, Yorkshire pudding, seasonal vegetables, baked beans and gravy  	BBQ chicken macaroni cheese served with whole meal bloomer, seasonal vegetables and baked beans  	Fish fingers served with chips, seasonal vegetables and baked beans Gr.25.4  
<b>Option 2 Vegetarian</b>	Vegan sausage roll served with garlic bread, seasonal vegetables and baked beans  	Pizza margherita served with Potato wedges seasonal vegetables and baked beans  	Vegan nuggets served with roast potatoes, Yorkshire pudding, seasonal vegetables, baked beans and gravy  	Sweet potato and butternut squash curry served with rice, steamed vegetables and baked beans  	Mexican vegetarian burrito served with chips, seasonal vegetables and baked beans  
<b>Option 3</b>	Baked Potato with cheese and beans or tuna and mayonnaise served with garlic bread and seasonal vegetables  	Vegetable biryani served with Potato wedges seasonal vegetables and baked beans  	Chicken Sausages served with roast potatoes, Yorkshire pudding, seasonal vegetables, baked beans and gravy  	Whole meal sandwich with tuna and mayonnaise, tortilla chips, seasonal vegetables and baked beans  	Beef meatball marinara and mozzarella served with chips, seasonal vegetables and baked beans  
<b>Unlimited</b>	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection
<b>Extras</b>	Yoghurt Gr.8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 

Wednesday & Friday chef dessert

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Protein strips Teriyaki stir-fry vegetables served with Chinese noodles seasonal vegetables and baked beans 	Beef bolognese served with penne pasta, focaccia bread, seasonal vegetables and baked beans. 	Jerk shawarma chicken served with rice and peas, pitta bread and seasonal vegetables and baked beans 	Tuna and mozzarella topped pizza served with seasoned Diced Potatoes, seasonal vegetables and Baked Beans 	Battered Pollock, chips, seasonal vegetables and baked beans Gr.23.11 
<b>Option 2 Vegetarian</b>	Teriyaki stir-fry tofu and vegetables served with Chinese noodles seasonal vegetables and baked beans 	Quorn bolognese served with penne pasta, focaccia bread, seasonal vegetables and baked beans. 	Vegetable fajita served with rice and peas, pitta bread and seasonal vegetables and baked beans 	Pizza margherita served with seasoned Diced Potatoes, seasonal vegetables and Baked Beans 	Shepherdess pie with sweet potato topping served with chips, seasonal vegetables and baked beans 
<b>Option 3</b>	Baked Potato served with baked beans and cheese or tuna and mayonnaise, garlic bread and steamed vegetables 	Gluten free fish fingers served with steamed rice, seasonal vegetables and baked beans GR.48.5 	Cheddar cheese whole meal sandwich served with rice and peas, seasonal vegetables and baked beans 	Quorn sausages served with seasoned Diced Potatoes, seasonal vegetables and Baked Beans 	Loaded Baked potato with cheese and baked beans, chips, seasonal vegetables Gr. 25.8 
<b>Unlimited</b>	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection	Home made bread Gr 12.5, Salad selection, Fruit selection
<b>Extras</b>	Yoghurt Gr.8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr. 13.5 	Yoghurt Gr 8.48  Cheese and crackers Gr.13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr. 13.5 	Yoghurt Gr. 8.48  Cheese and crackers Gr.13.5 

Wednesday & Friday chef dessert