

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Choose from	Choose from	Choose from	Choose From	Choose from
	Butternut squash, sweet potato and chickpea curry Or Stuffed jacket potato	Chicken and vegetable fajitas Or Quorn fajitas	Beef Bolognese Or Cheese and potato pie	Hot Kickin Chicken Or Cheese and Tomato pizza	Fish Fingers Or Quorn Hotdog Roll
	Sides	Sides	Sides	Sides	Sides
	Brown rice Wholemeal naan	Rice Or Wraps	Wholemeal spaghetti or baby potatoes	Garlic & Herb wedges	Chips
	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar
	Desserts	Desserts	Desserts	Desserts	Desserts
Cheese & Crackers Fresh fruit Yoghurt	Oat Apple Crumble & Custard Fresh fruit Yoghurt	Jam sponge & Custard Fresh fruit Yoghurt	Shortbread biscuits and milk Fresh fruit Yoghurt	Ice Cream Fresh fruit Yoghurt	
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Choose from	Choose from	Choose from	Choose From	Choose from
	Vegetarian Chilli Or Home-made Cheese and Tomato Quiche	Shepherd's pie Or Vegetable samosas	Sticky BBQ or Jerk Chicken Or Salmon Fillet	Mince beef and potato pie Or Vegetarian Enchiladas	Battered Fish Or Cheese and Tomato Calzone
	Sides	Sides	Sides	Sides	Sides
	Rice Nachos Or Baby Potatoes	Rice	Rice Or Diced garlic and herb potatoes	Rice Or Mash	Chips
	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar
	Desserts	Desserts	Desserts	Desserts	Desserts
Fresh fruit Yoghurt	Carrot cake & Milk Fresh fruit Yoghurt	Raspberry Jelly Fresh fruit Yoghurt	Home-made Oaty biscuits and Milk Fresh fruit Yoghurt	Peaches & Ice Cream Fresh fruit Yoghurt	
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Choose from	Choose from	Choose from	Choose From	Choose from
	Tomato pasta bake Or Egg noodle stir fry	Chicken Sausages Or Quorn Sausages Yorkshire Pudding	Beef lasagne Or Macaroni Cheese	Chicken & Sweetcorn Pie Or Vegetarian lasagne	Fish Fingers Or Quorn dippers in a pitta pocket
	Sides	Sides	Sides	Sides	Sides
	Rice	Mash	Garlic Bread Or Half jacket potato	Garlic Bread Or Baby Potatoes	Chips
	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar	Vegetables & Salad bar
	Desserts	Desserts	Desserts	Desserts	Desserts
Peach Slices Fresh fruit Yoghurt	Banana Cake & Custard Fresh fruit Yoghurt	Ice Cream Fruit Salad Fresh fruit	Cheese & Crackers Fresh fruit Yoghurt	Jelly & Ice Cream Fruit Salad Fresh fruit	